

Media release

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Attention editor

THE BREWSTER TRUST launches Football Holiday Camp 2012

After a successful Inaugural Football Holiday Camp 2011 where THE BREWSTER TRUST hosted nearly 400 campers in the month of July 2011, the registered charity is back with the Football Holiday Camp 2012 – bigger, better, longer & spectacular, with longer courses, proven standards and new features. The Football Holiday Camp 2012 is for coaches, for girls AND for boys AND for children with disabilities – football for everyone. It will take place from 2nd July to 31st August 2012 as a varying programme on weekdays for a total of nine weeks.

Programme & age groups

Coaching course for football coaches $2^{nd} - 6^{th}$ July, daily 9.00 am to 4.00 pm

Age group: 5 – 9 years (born 2003, 2004, 2005, 2006, 2007)

Group A: 9th - 13th July & 16th - 20th July

Group B: 6th - 10th August & 13th - 17th August

daily 9.00 am to 3.30 pm

Age group: 10 – 14 years (born 1998, 1999, 2000, 2001, 2002)

Group A: 23rd – 27th July & 30th July - 3rd August Group B: 20th – 24th August & 27th – 31st August

daily 9.00 am to 3.30 pm

Age group: 15 – 18 years (born 1994, 1995, 1996, 1997)

Group A: $23^{rd} - 27^{th}$ July & 30^{th} July - 3^{rd} August Group B: $6^{th} - 10^{th}$ August & $13^{th} - 17^{th}$ August

daily 4.00 pm to 6.30 pm



Organiser

The Football Holiday Camp 2012 is organised by THE BREWSTER TRUST, a registered Charity in Barbados. The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels, especially for the youth. To impart the qualities of leadership, loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is our ultimate goal, just as the fruitful co-operation with all national and international football stakeholders.

Coaches

The coaches at the camp are alumni of Arsenal FC's Gap Year Programmes 2011/2012. The Gap Year is open for young men and women over the age of 17. At the beginning of the programme Gap Year youngsters gain valuable qualifications in coaching, refereeing, first aid, child protection and Teaching English as a Foreign Language (TEFL) whilst spending time coaching and teaching in local schools and community soccer schools in and around north London in order to build up confidence levels. THE BREWSTER TRUST is a partner of Arsenal FC and the Gap Year Programmes 2010 to 2013.

The coaching course is held by Tony David, an experienced Arsenal coach who runs the BTEC programme which is a two year diploma in coaching football. The Gappers are under the special guidance of Nathaniel P. Brewster, Vice-President and co-founder of THE BREWSTER TRUST.

Coaching course for football coaches

One approach of THE BREWSTER TRUST is to have qualified and experienced people who are dedicated to football and are willing to share their know-how. Arsenal's approach fits perfectly with this philosophy. Taking the examples of Israel or Kenya, Arsenal in the Community has recruited, year by year, several gap year students to coach football. This is what THE BREWSTER TRUST sees as one important element towards coaching the coaches.

Beside the coaching week from 2nd to 6th July 2012 the participants are invited to assist the Gappers for the following eight weeks on a weekly or a permanent basis to put into action what they've learnt. This course gives people who want to get first insights into coaching in general also an opportunity to participate.

The most outstanding participant at the coaching course 2012 will be awarded a coaching participation at the next Arsenal Gap Year programme for one month which includes accommodation in England as well as travel costs.

Three age groups

The two-weeks programmes are all about the youth. The training sessions are age group and performance related and following THE BREWSTER TRUST's mission it is football for everyone straight from the beginner, full of fun and surprises.

Coaches are assigned to groups to encourage familiarity with the young people. The coaches will work with that same group over the course of each two-weeks.



Coaching elements will be multifarious with a daily competition based on the session, basic passing techniques developing the range and accuracy of the players, developing the players' basic dribbling and turning techniques like dribbling at speed, slalom dribbling, dribbling with turns incorporated, control sessions and heading sessions including aerial control with the focus on using various parts of the body like feet, knees or chest, basic techniques of shooting with a development focused on shooting with various parts of the strong and the weak feet, 3 vs 2 and 4 vs 3 shooting sessions and mini matches or a tournament at the end of the two weeks. This will be followed by presentations to all players as well as "Player of the Two-Weeks" and "Fair Play" awards being handed out.

Venue

The Football Holiday Camp 2012 will be held at the football field at Queen's College, Husbands, St. James.

Lunch, snack & drinks

THE BREWSTER TRUST developed a special meal plan for the Football Holiday Camp 2012 with typical football food like vegetable rice, spaghetti, grilled fish, steamed vegetables and fresh juices for lunch and with fruit breaks between the sessions or healthy snacks for the evening sessions. Camp Partner Barbados Bottling Company takes care of appropriate beverages like isotonic Powerade.

Insurance coverage

For every registered participant THE BREWSTER TRUST is contracting insurance cover with a special sport package for the duration of the camp.

Medical

All coaches are familiar with First Aid. The further medical facility consists of a special ambulance service and present physiotherapists, a co-operation with REHABWORKS, Health Fitness & Performance Centre in Belleville, St. Michael.

Equipment

Campers just need football boots, but most important is to be motivated and to have fun. Every participant receives a shirt, short, socks and shinpads – all supplied by THE BREWSTER TRUST in close co-operation with PUMA.

Children with disabilities

As a matter of course THE BREWSTER TRUST offers the Football Holiday Camp 2012 also to children with disabilities.

Registration & fees

Spaces are limited, first come, first served. The registration fee is BDS\$ 50.00 with a refund of BDS\$ 20.00 on full participation. THE BREWSTER TRUST is encouraging participation as part of the programme as well as rewarding good attendance.



Forms & registration offices

Forms can be completed and/or downloaded from www.football.bb. The registration offices are THE BREWSTER TRUST (St James), Queen's College (St. James), The Honorary Consulate of the Federal Republic of Germany (Christ Church) and the Pinelands Youth Soccer Academy (St. Michael); the registration closes on Friday, 29th June 2012.

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About our organisation:

THE BREWSTER TRUST, founded on April 22nd 2010, is a registered charity (No. 825). The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels but especially for the youth. To impart the qualities of leadership and loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is the Charity's ultimate goal just as the fruitful cooperation with all national and international football stakeholders.