

The Football Holiday Camp 2019: facts & figures

The Football Holiday Camp is back. THE BREWSTER TRUST presents - within its strategic approach - a programme with proven standards as well as new features. The Football Holiday Camp 2019 is again football for everyone, for girls, for boys, for children with special needs or disabilities and for adults. It will take place from 8th July to 2nd August 2019 as a varying programme on weekdays for a total of four weeks; venue is The Parkinson Resource Centre, The Pine, St. Michael.

Programme & age groups

<u>Age group: 5 – 14 years (born 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013 & 2014)</u> Group A: Monday, 8th July 2019 to Friday, 19th July 2019, weekdays only, 9.00 am – 3.30 pm Group B: Monday, 22nd July 2019 to Friday, 2nd August 2019, weekdays only, 9.00 am – 3.30 pm

<u>Age group: 15+ (born 2004 and before)</u> Monday, 15th July 2019 to Friday, 26th July 2019, weekdays only, 4.30 pm to 7.30 pm

Offer to local coaches

THE BREWSTER TRUST invites local coaches to assist and shadow the charity's coaching team; interested coaches have the opportunity to register for the camp, assigned to individual ages and individual weeks.

Organiser

The Football Holiday Camp 2019 is organised by THE BREWSTER TRUST, a registered Charity in Barbados. The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels, especially for the youth. To impart the qualities of leadership, loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is our ultimate goal, just as the fruitful co-operation with all national and international football stakeholders.

Coaches

The coaches at the camp are familiar with The Brewster Trust and its mission and have been coaching at programmes in Barbados before.













The age groups

The two-weeks programmes are all about the youth. The training sessions are age group and performance related and following THE BREWSTER TRUST's mission it is football for everyone straight from the beginner, full of fun and surprises.

Coaching in several groups – coaches are assigned to groups to encourage familiarity with the young people. The coaches will work with that same group over the course of each two-weeks.

THE BREWSTER TRUST offers again the age group 15+ mainly to integrate parents as well as senior players to the charity's football programme.

Coaching elements

Coaching elements will be multifarious with daily competitions based on the session, basic passing techniques developing the range and accuracy of the players, developing the players' basic dribbling and turning techniques like dribbling at speed, slalom dribbling, dribbling with turns incorporated, control sessions and heading sessions including aerial control with the focus on using various parts of the body like feet, knees or chest, basic techniques of shooting with a development focused on shooting with various parts of the strong and the weak feet, 3 vs. 2 and 4 vs. 3 shooting sessions and mini matches or a tournament at the end of the two weeks. This will be followed by presentations to all players as well as "Most Outstanding Player" and "Fair Play" awards being handed out.

Besides the sessions on the field the programme includes classroom sessions with football as part of general literacy, indoor Futsal sessions and teaching the rules and laws of football. Camp partner "The Word's Magic" is providing reading classes for the ages 5 to 14 as well as a special programme for the age group 15+.

Venue

The Football Holiday Camp is going to be held at The Parkinson Resource Centre, The Pine, St. Michael; security, drop-off and pick-up zones as well as parking will be organised; our venue partner in conjunction with the Pinelands Youth Soccer Academy will provide changing rooms, class rooms, toilets and bathrooms – and of course a "lost and found". We don't want to miss to thank the Community Development Department of the Ministry of Youth and Community Empowerment for the hospitality and the generous support.

Schedule

Age group 5 – 14 years

The camp opens on Mondays to Fridays from 8.00 am (earliest drop off and sign-in) to 4.00 pm (latest pick up and sign-out); the sessions start punctually at 9.00 am and end at 3.30 pm.

Age group 15+

The camp opens on Mondays to Fridays from 4.00 pm (earliest drop off and sign-in) to 8.00 pm (latest pick up and sign-out); the sessions start punctually at 4.30 pm and end at 7.30 pm.



<u>Annotation</u>: Rain doesn't stop us from playing football as well as public holidays; Emancipation Day on Thursday, 1st August 2019, is a regular camp day.

Lunch, snack & drinks

Mens sana in corpore sano – a healthy mind in a healthy body.

THE BREWSTER TRUST developed a special meal plan for the Football Holiday Camp 2019 with typical football food like rice, pasta, vegetables or salads for lunch with fruit breaks between the sessions or healthy snacks for the evening sessions.

Water coolers and bottle filling stations are accessible for everyone in the Camp Village – the meeting point during the programme.

Insurance coverage

For every registered participant THE BREWSTER TRUST is contracting insurance cover with a special sport package for the duration of the camp; this Personal Accident Insurance Policy covers amongst others sight or bodily injury sustain as a result of the sport or Medical Expenses.

THE BREWSTER TRUST explicitly thanks Massy United Insurance Ltd. for the generous support and long-term partnership for the benefit of the campers' health.

Medical

All coaches are familiar with First Aid. The further medical facility consists of a special ambulance service and present physiotherapists respectively Emergency Medical Technicians (EMT).

THE BREWSTER TRUST explicitly thanks Island Care Ambulance Service for the generous support and long-term partnership for the benefit of the campers' health.

Equipment

Every registered participant receives a football kit with shirt, shorts, socks, shin pads and a very special sustainable water bottle – all supplied by THE BREWSTER TRUST in close co-operation with PUMA. We strongly recommend bringing rain and/or sun protection including a hat.

Offer Football Boots

Similar to the "Boots Campaign 2013" and previous programmes football boots of a proper quality and for a reasonable price will be available again. In close co-operation with our partner PUMA the charity offers over 350 pairs of football boots allotted in 19 different sizes.

The football boots will be distributed during the Holiday Camp on the following conditions: first come, first served - not for resale - prior registration at the venue - fitting - one pair per capita - a contribution in cash of BDS\$ 50.00 towards the charity's Football Holiday Camp 2019.



Children with special needs or disabilities

As a matter of course THE BREWSTER TRUST offers the Football Holiday Camp 2019 also to children with disabilities. Any special requirements can be discussed prior to registration with the Organiser.

New in 2019: Breakfast Club

With the experience of the last years THE BREWSTER TRUST intends to create a Breakfast Club for the upcoming camp to help participants to get a nutritious start to their camp day. This is in response to growing concerns that children were attending the programme without having any breakfast. An implementation depends on additional donations of our camp family.

During the registration process THE BREWSTER TRUST will find out more about feasibility and contributions to finally decide if and how the Breakfast Club can be launched.

Applicants who tick 'interested' on the registration form will be contacted accordingly.

New in 2019: Health Club

THE BREWSTER TRUST in close co-operation with The Lions Clubs of Barbados offers a special Health Club Programme, targeted at 'at risk' children between the ages nine and 13, being overweight, sedentary, family history of diabetes / hypertension. Intervening early may reduce risks and get the kids more engaged. To attend the Health Club at the camp a questionnaire needs to be completed beforehand.

Applicants who tick 'interested' on the registration form will be contacted accordingly.

Application, registration & fees

As a charitable organisation THE BREWSTER TRUST targets to support and benefit children and youth in need, and to give those with fewer opportunities priority. To take part in the Football Holiday Camp 2019 it is mandatory to submit an application; the relevant forms can be completed at or downloaded from football.bb.

Applications will be completely confidential, will be processed on a first come, first served basis and will be reviewed according to the criteria outlined by our charity. Every applicant will receive a relevant response and/or a confirmation in due time so that a registration can complete the process.

Spaces are limited, first come, first served. The registration fee is BDS\$ 50.00 payable as soon as the application has been approved in cash or by cheque (to the order of: THE BREWSTER TRUST) with a refund of BDS\$ 20.00 on full participation in cash paid on the last camp day of the relevant group. THE BREWSTER TRUST is encouraging participation as part of the programme as well as rewarding good attendance.

Full participation means ten (10) full camp days including a daily sign-in at our Welcome Desk not later than the individual programme starts and a daily sign-out with the coach not before the official end of the individual programme.



Our registration office THE BREWSTER TRUST {registered charity N° 825} c/o MBPI Inc. GH House, 2nd Floor, Trents, St. James Opposite Trents Playing Field / between The Sandpiper and Discovery Bay Hotel Monday to Friday: 10.00 am to 4.00 pm or by individual appointment

The registration opens on Wednesday, 5th June 2019 and closes on Friday, 21st June 2019 or as soon as individual age groups are full. Don't forget: limited places, first come, first served.

Camp hotline

For any questions, feedback, comments, support – we are here to assist: call 419-4300.

Contact details

THE BREWSTER TRUST {registered charity N° 825} GH House, 4th Floor, Trents, St. James, BB24017 Phone: 419-4300 Email: info@football.bb Web: www.football.bb

Consider discipline, fair play and respect for the game.