



The Football Holiday Camp 2014: facts & figures

The Football Holiday Camp is back for the 4th year; THE BREWSTER TRUST presents - within its strategic approach - a programme with proven standards as well as new features. The Football Holiday Camp 2014 is again football for everyone, for girls, boys, children with disabilities and for adults. It will take place from 21st July to 15th August 2014 as a varying programme on weekdays for a total of four weeks; venue is again Queen's College, Husbands, St. James.

Programme & age groups

Age group: 5 – 14 years (born 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008 & 2009)

Group A: Monday, 21st July to Friday, 1st August 2014, weekdays only, 9.00 am – 3.30 pm

Group B: Monday, 4th August to Friday, 15th August 2014, weekdays only, 9.00 am – 3.30 pm

Age group: 15+ (born before 2000)

Monday, 28th July to Friday, 8th August 2014, weekdays only, 4.30 pm to 7.30 pm

Coaching course for football coaches

The 2013 programme showed that only a few coaches have been interested in working with individual camp groups to assist and shadow the charity's coaching team; for this reason THE BREWSTER TRUST does not schedule a coaching course for football coaches in 2014. Interested coaches have the opportunity to register for the camp, assigned to individual ages and individual weeks.

Review: In last year's camp the most outstanding participant at the coaching course had been awarded a coaching participation at the Arsenal Gap Year programme. THE BREWSTER TRUST selected Shonelle Stephen, who will spend three weeks with Arsenal FC in August 2014.

Organiser

The Football Holiday Camp 2014 is organised by THE BREWSTER TRUST, a registered Charity in Barbados. The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels, especially for the youth. To impart the qualities of leadership, loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is our ultimate goal, just as the fruitful co-operation with all national and international football stakeholders.



Coaches

The head coaches at the camp are alumni of Arsenal FC's Gap Year Programmes. The Gap Year is open for young men and women over the age of 17. At the beginning of the programme Gap Year youngsters gain valuable qualifications in coaching, refereeing, first aid, child protection and Teaching English as a Foreign Language (TEFL) whilst spending time coaching and teaching in local schools and community soccer schools in and around north London in order to build up confidence levels. THE BREWSTER TRUST has been a partner of Arsenal FC and the Gap Year Programmes since 2010.

The coaches are under the special guidance of Nathaniel P. Brewster, Vice-President and co-founder of THE BREWSTER TRUST.

The age groups

The two-weeks programmes are all about the youth. The training sessions are age group and performance related and following THE BREWSTER TRUST's mission it is football for everyone straight from the beginner, full of fun and surprises.

Coaching in several groups – coaches are assigned to groups to encourage familiarity with the young people. The coaches will work with that same group over the course of each two-weeks.

THE BREWSTER TRUST offers again the age group 15+ mainly to integrate parents as well as senior players to the charity's football programme.

Coaching elements

Coaching elements will be multifarious with a daily competition based on the session, basic passing techniques developing the range and accuracy of the players, developing the players' basic dribbling and turning techniques like dribbling at speed, slalom dribbling, dribbling with turns incorporated, control sessions and heading sessions including aerial control with the focus on using various parts of the body like feet, knees or chest, basic techniques of shooting with a development focused on shooting with various parts of the strong and the weak feet, 3 vs. 2 and 4 vs. 3 shooting sessions and mini matches or a tournament at the end of the two weeks. This will be followed by presentations to all players as well as "Most Outstanding Player" and "Fair Play" awards being handed out.

Besides the sessions on the field the programme includes classroom sessions with football as part of general literacy, indoor Futsal sessions and teaching the rules and laws of football.

Camp partner UNICEF will be visiting the groups A and B on one day to hold the workshop "Keeping Healthy".

Venue

The Football Holiday Camp is going to be held at Queen's College, Husbands, St. James; security, drop-off and pick-up zones as well as parking will be organised; venue partner Queen's College will provide changing rooms, class rooms, toilets and bathrooms – and of course a "lost and found". We don't want to miss to thank Principal Dr. Browne and his team for the hospitality and the generous support.



Schedule

Age group 5 – 14 years

The camp opens on Mondays to Fridays from 8.15 am (earliest drop off and sign-in) to 4.00 pm (latest pick up and sign-out); the sessions start punctually at 9.00 am and end at 3.30 pm.

Age group 15+

The camp opens on Mondays to Fridays from 4.00 pm (earliest drop off and sign-in) to 8.00 pm (latest pick up and sign-out); the sessions start punctually at 4.30 pm and end at 7.30 pm.

Annotation: Rain doesn't stop us from playing football as well as public holidays. On Emancipation Day on Friday, 1st August 2014, we will have the last day and the Award Ceremony in the Group A and on Kadooment Day, Monday, 4th August 2014, we will have the first day with Group B.

Lunch, snack & drinks

Mens sana in corpore sano – a healthy mind in a healthy body.

THE BREWSTER TRUST developed a special meal plan for the Football Holiday Camp 2014 with typical football food like rice, pasta, vegetables or salads for lunch with fruit breaks between the sessions or healthy snacks for the evening sessions.

Camp Partner POWERade takes care of isotonic beverages. Water coolers and bottle filling stations are accessible for everyone in the Camp Village – the meeting point during the programme.

Insurance coverage

For every registered participant THE BREWSTER TRUST is contracting insurance cover with a special sport package for the duration of the camp. We thank United Insurance Co. Ltd. for this healthy support, UNITED's Personal Accident Insurance Policy covers amongst others sight or bodily injury sustain as a result of the sport (BDS\$ 10'000.00 any one person) or Medical Expenses (BDS\$ 2'500.00 any one person).

Medical

All coaches are familiar with First Aid. The further medical facility consists of a special ambulance service with camp partner Island Care and present physiotherapists. THE BREWSTER TRUST thanks REHABWORKS, Health Fitness & Performance Centre, Belleville, St. Michael for their generous support.

Equipment

Every registered participant receives a football kit with shirt, shorts, socks and shinpads – all supplied by THE BREWSTER TRUST in close co-operation with PUMA. We strongly recommend to bring a water bottle and sun protection including a hat.



Offer Football Boots

Similar to the "Boots Campaign 2013" football boots of a proper quality and for a reasonable price will be available again. In close co-operation with our partner PUMA the charity offers 400 pairs of football boots allotted in 18 different sizes.

The football boots will be distributed during the Holiday Camp on the following conditions: first come, first served - not for resale - prior registration at the venue - fitting - one pair per capita - a contribution in cash of BDS\$ 50.00 towards the charity's Football Holiday Camp 2014.

Children with disabilities

As a matter of course THE BREWSTER TRUST offers the Football Holiday Camp 2014 also to children with disabilities. Any special requirements can be discussed prior to registration with the Organiser.

Registration & fees

Spaces are limited, first come, first served. The registration fee is BDS\$ 50.00 payable in cash or by cheque (to the order of: THE BREWSTER TRUST) with a refund of BDS\$ 20.00 on full participation in cash. THE BREWSTER TRUST is encouraging participation as part of the programme as well as rewarding good attendance.

Full participation means ten (10) full camp days including a daily sign-in at our Welcome Desk not later than the individual programme starts and a daily sign-out with the coach not before the official end of the individual programme.

Forms & registration offices

Forms can be completed and/or downloaded from www.football.bb, please register at one of the following offices:

- 1) THE BREWSTER TRUST
{registered charity N° 825}, GH House, 4th Floor, Trens, St. James
Monday to Friday: 10.00 am to 4.00 pm or by individual appointment
- 2) Queen's College
Husbands, St. James
Tuesdays & Thursdays: 10.00 am to 3.00 pm
- 3) Pinelands Youth Soccer Academy
Parkinson Community Centre, Regent Hill, The Pine, St. Michael
Sundays to Fridays: 4.30 pm to 7.00 pm

The registration opens on Wednesday, 11th June 2014 and closes on Thursday, 17th July 2014 at 6.00 pm or as soon as individual age groups are full. Don't forget: limited places, first come, first served.

**Camp hotline**

For any questions, feedback, comments, support – we are here to assist: call 419-4300 or 836-7813.

Contact details

THE BREWSTER TRUST {registered charity N° 825}

GH House, 4th Floor, Trens, St. James, BB24017

Phone: 419-4300

Fax: 419-4302

Email: info@football.bb

Web: www.football.bb

Final remark

As footballers THE BREWSTER TRUST doesn't write team with an "I". To organise a programme like the Holiday Camp 2014 and to entertain this amount of campers including their families on a day-to-day basis for four weeks - reliable partners with passion and commitment make the difference. Therefore our thank goes to our external registration offices, venue partner Queen's College, UNICEF, PUMA, UNITED Insurance, POWERade, Michael Greaves Associates (Barbados) Inc., REHABWORKS Health Fitness & Performance Centre, WIBISCO, Soldanza, Arsenal FC and the many volunteers in the background for the fantastic support. Much appreciated.

Consider discipline, fair play and respect for the game.