



The Football Holiday Camp 2013: facts & figures

After a successful Inaugural Football Holiday Camp 2011 where THE BREWSTER TRUST hosted nearly 400 campers in the month of July 2011 and the Holiday Camp 2012 with over 700 participants over nine weeks, we are back with the Football Holiday Camp 2013. We again analysed the feedbacks, did our homework and present a programme with extended courses, proven standards and new features. The Football Holiday Camp 2013 is for girls AND for boys AND for children with disabilities – football for everyone – and for the first time we integrate adults, a special request of many parents. It will take place from 8th July to 9th August 2013 as a varying programme on weekdays for a total of five weeks.

Programme & age groups

Coaching course for football coaches

Monday, 8th July to Friday, 12th July 2013
daily 9.00 am to 4.00 pm

Age group: 5 – 9 years (born 2004, 2005, 2006, 2007, 2008)

Group A: Monday, 15th July to Friday, 26th July 2013, weekdays only
Group B: Monday, 29th July to Friday, 9th August 2013, weekdays only
daily 8.30 am to 3.00 pm

Age group: 10 – 14 years (born 1999, 2000, 2001, 2002, 2003)

Group A: Monday, 15th July to Friday, 26th July 2013, weekdays only
Group B: Monday, 29th July to Friday 9th August 2013, weekdays only
daily 9.30 am to 4.00 pm

Age group: 15+ (including youngsters/adults/parents)

Monday, 22nd July to Friday, 2nd August 2013, weekdays only
daily 5.00 pm to 8.00 pm

Organiser

The Football Holiday Camp 2013 is organised by THE BREWSTER TRUST, a registered Charity in Barbados. The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels, especially for the youth. To impart the qualities of leadership, loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is our ultimate goal, just as the fruitful co-operation with all national and international football stakeholders.



Coaches

The head coaches at the camp are alumni of Arsenal FC's Gap Year Programmes. The Gap Year is open for young men and women over the age of 17. At the beginning of the programme Gap Year youngsters gain valuable qualifications in coaching, refereeing, first aid, child protection and Teaching English as a Foreign Language (TEFL) whilst spending time coaching and teaching in local schools and community soccer schools in and around north London in order to build up confidence levels. THE BREWSTER TRUST is a partner of Arsenal FC and the Gap Year Programmes 2010 to 2013.

The coaches are under the special guidance of Nathaniel P. Brewster, Vice-President and co-founder of THE BREWSTER TRUST.

Coaching course for football coaches

One approach of THE BREWSTER TRUST is to have qualified and experienced people who are dedicated to football and are willing to share their know-how. Arsenal's approach fits perfectly with this philosophy. Taking the examples of Israel or Kenya, Arsenal in the Community has recruited, year by year, several gap year students to coach football. This is what THE BREWSTER TRUST sees as one important element towards coaching the coaches.

Beside the coaching week from 8th to 12th July 2013 the participants are invited to assist our coaches for the following four weeks on a weekly or ideally a permanent basis to put into action what they've learnt. Each coach must be available for the training week and should be available for at least one additional "Holiday Camp" week.

In last year's camp the most outstanding participant at the coaching course had been awarded a coaching participation at the Arsenal Gap Year programme for one month. THE BREWSTER TRUST selected two coaches, Tamisha Marshall and Renaldo Hunte, who will be with Arsenal FC the full month of August 2013.

"No sweet without sweat"

The most outstanding participant at the coaching course 2013, selected by the Organiser, will also be awarded a coaching participation at the next Arsenal Gap Year programme for one month which includes accommodation in England as well as travel costs.

Three age groups

The two-weeks programmes are all about the youth. The training sessions are age group and performance related and following THE BREWSTER TRUST's mission it is football for everyone straight from the beginner, full of fun and surprises.

Coaching in several groups – coaches are assigned to groups to encourage familiarity with the young people. The coaches will work with that same group over the course of each two-weeks.



Coaching elements will be multifarious with a daily competition based on the session, basic passing techniques developing the range and accuracy of the players, developing the players' basic dribbling and turning techniques like dribbling at speed, slalom dribbling, dribbling with turns incorporated, control sessions and heading sessions including aerial control with the focus on using various parts of the body like feet, knees or chest, basic techniques of shooting with a development focused on shooting with various parts of the strong and the weak feet, 3 vs 2 and 4 vs 3 shooting sessions and mini matches or a tournament at the end of the two weeks. This will be followed by presentations to all players as well as "Most Outstanding Player" and "Fair Play" awards being handed out.

Besides the sessions on the field we will have classroom sessions with football as part of general literacy, indoor Futsal sessions and teaching the rules and laws of football.

We have been asked to further extend the programme, we will continue with two two-weeks programmes for the younger age groups but are able to host more children. When you register for the camp you have to choose only one group. It is possible to attend another two weeks, but only if space is available.

As a special feature we offer 2013 the age group 15+ also to integrate parents as well as senior players to the charity's football programme.

Venue

The Football Holiday Camp is going to be held at Queen's College, Husbands, St. James; security, drop-off and pick-up zones as well as parking will be organised; venue partner Queen's College will provide changing rooms, class rooms, toilets and bathrooms – and of course a "lost and found". We don't want to miss to thank Principal Dr. Browne and his team for the hospitality and the generous support.

Schedule

Coaching course for football coaches

The camp opens on Monday to Friday from 8.30 am (earliest drop off) to 5.00 pm (latest pick up); the sessions start punctually at 9.00 am and end at 4.00 pm.

Age group 5 – 9 years

The camp opens on Mondays to Fridays from 8.00 am (earliest drop off) to 4.00 pm (latest pick up); the sessions start punctually at 8.30 am and end at 3.00 pm.

Age group 10 – 14 years

The camp opens on Mondays to Fridays from 9.00 am (earliest drop off) to 5.00 pm (latest pick up); the sessions start punctually at 9.30 am and end at 4.00 pm.

Age group 15+

The camp opens on Mondays to Fridays from 4.30 pm (earliest drop off) to 8.30 pm (latest pick up); the sessions start punctually at 5.00 pm and end at 8.00 pm.

Annotation: rain doesn't stop us from playing football as well as public holidays or bank holidays.



Lunch, snack & drinks

Mens sana in corpore sano – a healthy mind in a healthy body.

THE BREWSTER TRUST developed a special meal plan for the Football Holiday Camp 2013 with typical football food like vegetable rice, spaghetti, baked fish, steamed vegetables, salads and juices for lunch with fruit breaks between the sessions or healthy snacks for the evening sessions.

Camp Partner Barbados Bottling Company takes care of appropriate beverages like isotonic POWERade. Another innovation 2013 is our camp village – the meeting point during the programme – including the “Oasis” with bottle filling stations and water coolers.

Insurance coverage

For every registered participant THE BREWSTER TRUST is contracting insurance cover with a special sport package for the duration of the camp. We thank United Insurance Co. Ltd. for this healthy support, UNITED’s Personal Accident Insurance Policy covers amongst others sight or bodily injury sustain as a result of the sport (BDS\$ 10’000.00 any one person) or Medical Expenses (BDS\$ 2’500.00 any one person).

Medical

All coaches are familiar with First Aid. The further medical facility consists of a special ambulance service with camp partner Island Care and present physiotherapists. THE BREWSTER TRUST thanks REHABWORKS, Health Fitness & Performance Centre, Belleville, St. Michael for their generous support.

Equipment

Campers just need football boots, but most important is to be motivated and to have fun. Every participant receives a shirt, short, socks, shinpads and a cap – all supplied by THE BREWSTER TRUST in close co-operation with PUMA.

Children with disabilities

As a matter of course THE BREWSTER TRUST offers the Football Holiday Camp 2013 also to children with disabilities. Any special requirements can be discussed prior to registration with the Organiser.

Registration & fees

Spaces are limited, first come, first served. The registration fee is BDS\$ 50.00 payable in cash or by cheque with a refund of BDS\$ 20.00 on full participation in cash. THE BREWSTER TRUST is encouraging participation as part of the programme as well as rewarding good attendance.

For campers who wish to attend the Holiday Camp 2013 for a total of four (4) weeks an additional registration fee of BDS\$ 30.00 is applicable – again with a BDS\$ 20.00 refund on full participation in



cash. Any additional participation will be confirmed separately after registration closed, payment is on the first day before starting the additional programme.

Online reservation

As a special feature we offer an online tool to reserve your place at the camp. The completed and signed registration form and the registration fee in cash or by cheque have to be handed over by Friday, 28th June 2013 at THE BREWSTER TRUST's office otherwise the reservation will be cancelled. Please note: this service cannot be provided at the external registration offices of our camp partners.

Forms & registration offices

Forms can be completed and/or downloaded from www.football.bb, please register at one of the following offices:

- 1) THE BREWSTER TRUST
{registered charity 825}, GH House, 4th Floor, Trens, St James
Monday to Friday: 10.00 am to 5.00 pm or by appointment
- 2) Queen's College
Husbands, St.James
Tuesdays, Wednesdays, Thursdays: 10.00 am to 3.00 pm
- 3) Honorary Consulate of the Federal Republic of Germany
Suite # 1, Pasea Financial Building, Corner Harts Gap & Dayrells Road, Christ Church
(new building with big satellite dishes)
Monday to Friday: 3.00 pm to 5.00 pm
- 4) Pinelands Youth Soccer Academy
Parkinson Community Centre, Regent Hill, The Pine, St. Michael
Sundays, Mondays, Tuesdays, Wednesdays & Thursdays: 5.30 pm to 7.00 pm

The registration closes on Thursday, 4th July 2013 at 6.00 pm. Don't forget: limited places, first come, first served.

Camp hotline

For any questions, feedback, comments, support – we are there to help: 419-4300 or 836-7813

Contact details

THE BREWSTER TRUST {registered charity N° 825}
GH House, 4th Floor, Trens, St. James, BB24017
phone: 419-4300 / fax: 419-4302
email: info@football.bb / www.football.bb

Consider discipline, fair play and respect for the game.