



## The Football Holiday Camp 2012: facts & figures

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After a successful Inaugural Football Holiday Camp 2011 where THE BREWSTER TRUST hosted nearly 400 campers in the month of July 2011, we are back with the Football Holiday Camp 2012 – bigger, better, longer & spectacular. We analysed the feedbacks, did our homework and present a programme with longer courses, proven standards and new features. The Football Holiday Camp 2012 is for girls AND for boys AND for children with disabilities – football for everyone. It will take place from 2<sup>nd</sup> July to 31<sup>st</sup> August 2012 as a varying programme on weekdays for a total of nine weeks.

### **Programme & age groups**

#### Coaching course for football coaches

2<sup>nd</sup> – 6<sup>th</sup> July

daily 9.00 am to 4.00 pm

#### Age group: 5 – 9 years (born 2003, 2004, 2005, 2006, 2007)

Group A: 9<sup>th</sup> – 13<sup>th</sup> July & 16<sup>th</sup> – 20<sup>th</sup> July

Group B: 6<sup>th</sup> – 10<sup>th</sup> August & 13<sup>th</sup> – 17<sup>th</sup> August

daily 9.00 am to 3.30 pm

#### Age group: 10 – 14 years (born 1998, 1999, 2000, 2001, 2002)

Group A: 23<sup>rd</sup> – 27<sup>th</sup> July & 30<sup>th</sup> July – 3<sup>rd</sup> August

Group B: 20<sup>th</sup> – 24<sup>th</sup> August & 27<sup>th</sup> – 31<sup>st</sup> August

daily 9.00 am to 3.30 pm

#### Age group: 15 – 18 years (born 1994, 1995, 1996, 1997)

Group A: 23<sup>rd</sup> – 27<sup>th</sup> July & 30<sup>th</sup> July – 3<sup>rd</sup> August

Group B: 6<sup>th</sup> – 10<sup>th</sup> August & 13<sup>th</sup> – 17<sup>th</sup> August

daily 4.00 pm to 6.30 pm

### **Organiser**

The Football Holiday Camp 2012 is organised by THE BREWSTER TRUST, a registered Charity in Barbados. The trust's mission is to promote, develop and improve football in Barbados with the aim of creating opportunities at all levels, especially for the youth. To impart the qualities of leadership, loyalty, sportsmanship, competitive ambition and the drive for academic excellence as well as discipline, fair play and respect is our ultimate goal, just as the fruitful co-operation with all national and international football stakeholders.



## **Coaches**

The coaches at the camp are alumni of Arsenal FC's Gap Year Programmes 2011/2012. The Gap Year is open for young men and women over the age of 17. At the beginning of the programme Gap Year youngsters gain valuable qualifications in coaching, refereeing, first aid, child protection and Teaching English as a Foreign Language (TEFL) whilst spending time coaching and teaching in local schools and community soccer schools in and around north London in order to build up confidence levels. THE BREWSTER TRUST is a partner of Arsenal FC and the Gap Year Programmes 2010 to 2013.

The coaching course is held by Tony David, an experienced Arsenal coach who runs the BTEC programme which is a two year diploma in coaching football. The Gappers are under the special guidance of Nathaniel P. Brewster, Vice-President and co-founder of THE BREWSTER TRUST.

## **Coaching course for football coaches**

One approach of THE BREWSTER TRUST is to have qualified and experienced people who are dedicated to football and are willing to share their know-how. Arsenal's approach fits perfectly with this philosophy. Taking the examples of Israel or Kenya, Arsenal in the Community has recruited, year by year, several gap year students to coach football. This is what THE BREWSTER TRUST sees as one important element towards coaching the coaches.

Beside the coaching week from 2<sup>nd</sup> to 6<sup>th</sup> July 2012 the participants are invited to assist the Gappers for the following eight weeks on a weekly or a permanent basis to put into action what they've learnt. Each coach must be available for the training week and should be available for at least one additional "Holiday Camp" week.

In last year's camp the most outstanding participant at the coaching course had been awarded a coaching participation at the Arsenal Gap Year programme for one month. THE BREWSTER TRUST selected two coaches, Tito Beckles and Kirk Corbin, who will be with Arsenal FC the full month of August 2012.

"No sweet without sweat"

***The most outstanding participant at the coaching course 2012, selected by the Organiser, will also be awarded a coaching participation at the next Arsenal Gap Year programme for one month which includes accommodation in England as well as travel costs.***

## **Three age groups**

The two-weeks programmes are all about the youth. The training sessions are age group and performance related and following THE BREWSTER TRUST's mission it is football for everyone straight from the beginner, full of fun and surprises.

Coaching in several groups – coaches are assigned to groups to encourage familiarity with the young people. The coaches will work with that same group over the course of each two-weeks.



Coaching elements will be multifarious with a daily competition based on the session, basic passing techniques developing the range and accuracy of the players, developing the players' basic dribbling and turning techniques like dribbling at speed, slalom dribbling, dribbling with turns incorporated, control sessions and heading sessions including aerial control with the focus on using various parts of the body like feet, knees or chest, basic techniques of shooting with a development focused on shooting with various parts of the strong and the weak feet, 3 vs 2 and 4 vs 3 shooting sessions and mini matches or a tournament at the end of the two weeks. This will be followed by presentations to all players as well as "Player of the Two-Weeks" and "Fair Play" awards being handed out.

We have been asked to extend the duration, so we doubled it and are offering two two-weeks programmes for each age group which allow more children the opportunity to participate. When you register for the camp you have to choose only one group. It is possible to attend another two weeks, but only if space is available.

### **Venue**

The Football Holiday Camp will be held at the football field at Queen's College, Husbands, St. James; security, drop-off and pick-up zones as well as parking are organised; venue partner Queen's College provides changing rooms, toilets and bathrooms – and of course a "lost and found". We don't want to miss to thank Principal Dr. Browne and his team for the hospitality and the generous support.

### **Schedule**

The camp opens on Mondays to Fridays from 8.00 am (earliest drop off) to 4.00 pm (latest pick up) for the age groups 5 – 9 years and 10 – 14 years; the sessions start punctually at 9.00 am and end at 3.30 pm. Besides drinking and fruit breaks all participants will have lunch together.

The camp opens on Mondays to Fridays from 3.30 pm (earliest drop off) to 7.00 pm (latest pick up) for the age groups 15 – 18 years; the sessions start punctually at 4.00 pm and end at 6.30 pm. Besides drinking and fruit breaks all participants will get a snack.

Annotation: rain doesn't stop us from playing football as well as public holidays or bank holidays.

### **Lunch, snack & drinks**

Mens sana in corpore sano – a healthy mind in a healthy body.

THE BREWSTER TRUST developed a special meal plan for the Football Holiday Camp 2012 with typical football food like vegetable rice, spaghetti, grilled fish, steamed vegetables and fresh juices for lunch with fruit breaks between the sessions or healthy snacks for the evening sessions.

Camp Partner Barbados Bottling Company takes care of appropriate beverages like isotonic Powerade.



### **Insurance coverage**

For every registered participant THE BREWSTER TRUST is contracting insurance cover with a special sport package for the duration of the camp.

This includes for example accident medical, deductible, co-insurance factor and also maximum per visit to doctor's office, hospital & home, specialist consultation benefits or physiotherapy.

### **Medical**

All coaches are familiar with First Aid. The further medical facility consists of a special ambulance service and present physiotherapists. THE BREWSTER TRUST thanks REHABWORKS, Health Fitness & Performance Centre, Belleville, St. Michael for their generous support.

### **Equipment**

Campers just need football boots, but most important is to be motivated and to have fun. Every participant receives a shirt, short, socks and shinpads – all supplied by THE BREWSTER TRUST in close co-operation with PUMA.

### **Children with disabilities**

As a matter of course THE BREWSTER TRUST offers the Football Holiday Camp 2012 also to children with disabilities. Any special requirements can be discussed prior to registration with the organiser.

### **Registration & fees**

Spaces are limited, first come, first served. The registration fee is BDS\$ 50.00 payable in cash or by cheque with a refund of BDS\$ 20.00 on full participation in cash. THE BREWSTER TRUST is encouraging participation as part of the programme as well as rewarding good attendance.

For campers who wish to attend the Holiday Camp 2012 for a total of four (4) weeks an additional registration fee of BDS\$ 30.00 is applicable – again with a BDS\$ 20.00 refund on full participation in cash. Any additional participation will be confirmed separately after registration closed, payment is on the first day before starting the additional programme.

### Online reservation

As a special feature we offer an online tool to reserve your place at the camp. The completed and signed registration form and the registration fee in cash or by cheque have to be handed over by Friday, 22<sup>nd</sup> June 2012 at THE BREWSTER TRUST's office otherwise the reservation will be cancelled. Please note: this service cannot be provided at the external registration offices of our Camp Partners.

### Forms & registration offices

Forms can be completed and/or downloaded from [www.football.bb](http://www.football.bb), please register at one of the following offices:



- 1) THE BREWSTER TRUST  
{registered charity 825}, GH House, 4<sup>th</sup> Floor, Trents, St James  
Monday to Friday: 10.00 am to 5.00 pm or by appointment
- 2) Queen's College  
Husbands, St.James  
Tuesdays, Wednesdays, Thursdays: 10.00 am to 3.00 pm
- 3) Honorary Consulate of the Federal Republic of Germany  
Suite # 1, Pasea Financial Building, Corner Harts Gap & Dayrells Road, Christ Church  
(new building with big satellite dishes)  
Monday to Friday: 3.00 pm to 5.00 pm
- 4) Pinelands Youth Soccer Academy  
Parkinson Community Centre, Regent Hill, The Pine, St. Michael  
Mondays, Wednesdays & Fridays: 4.30 pm to 7.00 pm

The registration closes on Friday, 29<sup>th</sup> June 2012 at 6.00 pm. Don't forget: limited places, first come, first served.

### **Camp hotline**

For any questions, feedback, comments, support – we are there to help:

Russell Hopper  
Administrative Manager  
THE BREWSTER TRUST  
phone: 826-8003

Axel Bernhardt  
CEO  
THE BREWSTER TRUST  
phone: 836-7813

### **Contact details**

THE BREWSTER TRUST  
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[www.football.bb](http://www.football.bb)

Consider discipline, fair play and respect for the game.